

**Uwharrie Charter Academy  
PSU Improvement Plan for  
Social Emotional Learning (SEL) and School Mental Health (SMH)  
(per NC SBOE Policy [SHLT-003](#))**

Note: PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being by July 1, 2021, per SHLT-003 requirements.

In addition, it is strongly recommended that a local needs assessment and resource mapping be conducted prior to completing the improvement plan below. Completion of the [SHAPE Quality Assessment](#) and/or use of the [needs assessment](#) and [resource mapping](#) tools on the [NCDPI SEL and Crisis Response Practice Guide](#) will provide the data needed for the targeted improvement planning below.

**PSU Compelling Why & Vision for SEL and School Mental Health Improvement:** *Uwharrie Charter Academy will support students and staff with their social-emotional learning through a comprehensive school mental health program through instruction and partnerships to ensure the overall health of its students and staff.*

**CORE SEL and Mental Wellness Supports**

Content	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
SEL and MH Prevention Strengths & Needs	<ul style="list-style-type: none"> <li>- Hire EC/MTSS coordinator (completed)</li> <li>- Complete SHAPE evaluation (completed Jun 2021)</li> </ul>	- Dr. Castelli and administration - 1 July 2021	<a href="#">FAM-S</a> YRBS (Youth Risk Behavior Survey) Annual School Health Services Report Healthy Active Children report PowerSchool data Say Something App data <a href="#">SHAPE</a> (School Health Assessment and Performance Evaluation) ECATS MTSS Early Warning System data <a href="#">District Report Card</a> data <a href="#">Racial Equity Report Card</a> data
Describe existing PSU SEL/	Student Support teams at each school work with	Teams at each school - MTSS	



# MULTI-TIERED SYSTEM OF SUPPORT

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<p>MH prevention initiatives</p>	<p>administration and students in support of their SEL; however, in the upcoming year the need to be more proactive will be supported by a school nurse and an EC/MTSS coordinator to support instruction</p> <p>- UCA will also partner with UNCG to become Trauma Informed (e.g., MTSS, trauma-informed schools, restorative practices, character education, WSCC framework, bullying prevention, etc.)</p>	<p>coordinator and Nurse will be included</p> <p>- Dr. Castelli will work with UNCG and they will form Focus groups at each level to bring information back; however, Student Support are working on curriculum. ES will include Second Step as part of their “specials” rotation in the fall semester</p>	
<p>Build/Align Infrastructure</p>	<ul style="list-style-type: none"><li>● Adopt/implement <a href="#">mental health training program</a> which includes adult SEL and mental wellness</li><li>● Adopt/implement suicide risk referral protocol (school personnel who work directly with students [teachers, instructional support personnel, principals, and assistant principals; this may also include, in the discretion of the PSU other school employees who work directly with students] in grades 6-12 [required] and K-5 [recommended])</li><li>● Improve SISP staffing ratios</li><li>● Engage relevant stakeholders, including families, students, community providers, and cross-system partners (e.g., county agencies, faith-based organizations, professional associations, etc.), with the goal of building school, family, and community partnerships to strengthen SEL and MH prevention</li><li>● High School Counselor weekly google form check-in sent to all students through email.</li><li>● High School Student Services Google classroom for each grade level. Includes</li></ul>	<p>- Schools will use their SIT teams as they address the beginning steps and will bring to Monthly Leadership meetings</p>	<p><a href="#">Model Mental Health Training Program</a></p> <p><a href="#">FAM-S</a></p> <p><a href="#">SEL in Homes and Communities</a></p>



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	<ul style="list-style-type: none"> <li>mental health information as well as future planning.</li> <li>High is starting a mental health awareness club.</li> </ul>		
Align with Academic Objectives	<ul style="list-style-type: none"> <li>Meet with MTSS coordinator and administration to for alignment and a needs assessment</li> </ul>	- Mr. Bowlin (EC/MTSS coordinator)	<a href="#">NC SEL Standards Mapping Documents</a>  <a href="#">Webinar Series Recordings: Integrating SEL into the Content Areas</a>  <a href="#">Aligning SEL and Academic Objectives</a>  <a href="#">Aligned SEL Sample Lesson Plan</a>
SEL/MH prevention curriculum  SEL/MH prevention instruction  SEL/MH prevention environment			<a href="#">Evidence-based Programs Decision Tree</a>  <a href="#">NC Professional Teaching Standard II</a>  <a href="#">CASEL Supportive School/Classroom Environment</a>
SEL and MH prevention Data Evaluation -student data (screening)			<a href="#">Create SEL/ MH Data Evaluation Plan</a>  <a href="#">School Mental Health Quality Guide: Screening</a>  <a href="#">MTSS Assessment Guidelines</a>

## System of Interventions for SEL and Mental Health

Content & Time	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
<i>Early Intervention</i>	<ul style="list-style-type: none"> <li>Identify students who are at risk of</li> </ul>	- MTSS team at each school and	<a href="#">MTSS Module 2.4 Develop a Behavior/</a>



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	<p>developing SEL and/or mental health issues at school</p> <ul style="list-style-type: none"> <li>● Identify students experiencing SEL and/or mental health issues at school</li> <li>● Provide intervention for at-risk or struggling students</li> <li>● Annually review of crisis intervention policies, practices, and personnel</li> <li>● Annually review of discipline policies, practices, and personnel</li> <li>● Ensure PSU is included in local community emergency preparedness plan</li> </ul>	<p>will include EC/MTSS coordinator and Student Support</p>	<p><a href="#">Social-Emotional and Attendance Component to System of Interventions</a></p> <p>ECATS Early Warning System</p>
<p><i>Treatment, Referral, Re-entry</i></p>	<ul style="list-style-type: none"> <li>● improve access to school-based and community-based services for students and their families</li> <li>● improve transitions between and within school and community-based services</li> <li>● Formalize protocol for students re-entering school following acute/residential mental health treatment</li> </ul>	<p>- MTSS team at each school and will include EC/MTSS coordinator and Student Support</p>	<p><a href="#">Resources for Early Intervention and Treatment</a></p>

## Improvement Plan Review

- Update at each team meeting
- Review quarterly based on evaluation data